



# November 2017

## Dos Rios School

Mrs. Dowling-Garrott, Principal

School Office (623) 474-7000

Attendance (623) 474-7005

Cafeteria (623) 474-7033



|  |   |   |   |   |
|--|---|---|---|---|
|  |   | 1. Early Dismissal<br><b>Creamy Yogurt</b><br><b>Graham Sticks</b><br><b>Fresh Grapes</b><br><b>Fruit Juice</b> | 2.<br><b>Fruit Brkfst Bar</b><br><b>Orange Juice</b><br><b>Mixed Fruit</b>                            | 3. Ntl Sandwich Day<br><b>Egg Sandwich</b><br><b>Apple Juice</b><br><b>Craisins</b>                       |
|         |   | <b>Grilled Cheese</b><br><b>Sack Lunch</b>  | <b>Chicken &amp; Waffles</b><br><b>Green Beans</b><br><b>Fruit &amp; Veggie Bar</b>                   | <b>Hamburger</b><br><b>Tater Tots</b><br><b>Lettuce &amp; Pickles</b><br><b>Fresh Fruit</b>               |
| 6.   | 7. Election Day   | 8.  | 9.  | 10.   |
| <b>Asst. Cereal</b><br><b>Cheddar Cheese</b><br><b>Grape Juice</b><br><b>Mixed Fruit</b> | <b>Waffles</b><br><b>Fresh Grapes</b><br><b>Apple Juice</b>   | <b>Fruit Frudel</b><br><b>CranRasp Juice</b><br><b>Sliced Apples</b>  | <b>Blueberry Muffin</b><br><b>Applesauce</b><br><b>Orange Juice</b>                                   | Holiday<br>            |
| <b>Cheese Enchiladas</b><br><b>Refried Beans</b><br><b>Fruit &amp; Veggie Bar</b>        | <b>Popcorn Chkn Bowl</b><br><b>Fruit &amp; Veggie Bar</b>   | <b>Bean Haystack</b><br><b>SW Corn</b><br><b>Fruit &amp; Veggie Bar</b>   | <b>BBQ Rib Sndwch</b><br><b>Tater Tots</b><br><b>Fruit &amp; Veggie Bar</b>                           |   |
| 13.  | 14.   | 15. Early Dismissal   | 16.   | 17.   |
| <b>Cinni-Mini</b><br><b>Fresh Fruit</b><br><b>Fruit Juice</b>                            | <b>Egg Wrap</b><br><b>CranRasp Juice</b><br><b>Applesauce</b>   | <b>Coffee Cake</b><br><b>Grape Juice</b><br><b>Sliced Apples</b>  | <b>Asst. Cereal</b><br><b>Apple Juice</b><br><b>Strwbrry Applesauce</b>                               | <b>Banana Pancake</b><br><b>Mixed Fruit</b><br><b>Orange Juice</b>  |
| <b>Beefy Chili</b><br><b>Cornbread</b><br><b>Fruit &amp; Veggie Bar</b>                  | <b>Chicken Nuggets</b><br><b>French Fries</b><br><b>Fruit &amp; Veggie Bar</b>                                | <b>PBJ</b><br><b>Sack Lunch</b>   | <b>Turkey, Potatoes,</b><br><b>GrnBeans, Roll</b><br><b>Stuffing, Crnbbrry,</b><br><b>Pumpkin Pie</b> | <b>Pepperoni Pizza</b><br><b>Green Salad Mix</b><br><b>Mix Veggies</b><br><b>Chilled Fruit</b>            |
| 20.  | 21.   | 22.   | 23.   | 24.   |
| <b>Manager's Choice</b>  | <b>Blubrry Muffin</b><br><b>Cheese Stick</b><br><b>Grape Juice</b><br><b>Mixed Fruit</b>                      | <b>No School</b>  |                  | <b>No School</b><br> |
| <b>Sloppy Jo</b><br><b>Tater Tots</b><br><b>Fruit &amp; Veg Bar</b>                      | <b>Bean Burrito</b><br><b>SW Corn</b><br><b>Fruit &amp; Veg Bar</b>   | <b>Holiday</b>  | <b>Thanksgiving</b>   | <b>Holiday</b>  |
| 27.  | 28.   | 29.   | 30.   | Dec 1st   |
| <b>Cereal Bar</b><br><b>Mixed Fruit</b><br><b>Fruit Juice</b>                            | <b>Pancake Stick</b><br><b>Grape Juice</b><br><b>Applesauce</b>   | <b>Sweet Bread</b><br><b>Fresh Grapes</b><br><b>Fruit Juice</b>   | <b>Fruit Brkfst Bar</b><br><b>Orange Juice</b><br><b>Mixed Fruit</b>                                  | <b>Egg Burrito</b><br><b>Apple Juice</b><br><b>Craisins</b>   |
| <b>Corn Dog</b><br><b>French Fry</b><br><b>Fruit &amp; Veggie Bar</b>                    | <b>Macaroni &amp; Cheese</b><br><b>Broccoli Florets</b><br><b>Wheat Roll</b><br><b>Fruit &amp; Veggie Bar</b> | <b>Crunchy Beef Taco</b><br><b>Spicy Pinto Beans</b><br><b>Fruit &amp; Veggie Bar</b>                           | <b>Asian Chicken</b><br><b>Brown Rice</b><br><b>StirFry Veggies</b><br><b>Fruit &amp; Veggie Bar</b>  | <b>Pepperoni Pizza</b><br><b>Garden Salad</b><br><b>Fresh Fruit</b>                                       |

*Substitute menus are sometimes necessary*

We offer 1% white or non-fat flavored milk at meal service

*"This institution is an equal opportunity provider and employer."*

# Happy Fall- November 2017!



**November 11 is Veteran's Day. World War I – known at the time as “The Great War” - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, we honor all our Veteran's on November 11 at 11:00AM. Get it? 11/11 at 11AM?**

**Our Service people, volunteer and spend years in the military keeping Americans safe. Their service allows us to lead the lives that we do here in the USA. If you know of a family member, friend or possibly a neighbor that spent time in the military- tell them Thank You! (I will say Thanks to my dad who was in Korea and my brother Jim who served 20 years in the Navy.)**

**I love Thanksgiving, we fill the house with family, food & fun. I think my next favorite part is leftover turkey sandwiches. Enjoy the holiday weekend- hope you get lots of pie. Stay safe and read a book its good for you.**

Kendell

Food Service Director

## Thanksgiving

Thanksgiving Day is a national holiday celebrated as a day of giving thanks for the blessing of the harvest of the preceding year. It is celebrated on the fourth Thursday of November in the United States. Several other places around the world observe similar celebrations. As President of the United States, George Washington proclaimed the first nation-wide thanksgiving celebration in America marking November 26, 1789, "as a day of public thanksgiving....". Abraham Lincoln made it a National Holiday in 1863. In 1941 Congress declared the 4<sup>th</sup> Thursday in November as Thanksgiving.

A group of people left England in 1620 aboard the ship the Mayflower. They were looking for a new land for freedom. We know them as The Pilgrim's. The first thanksgiving feast in 1621 occurred sometime between September 21 and November 1. The harvest festivals gave thanks for plentiful crops because that year the Pilgrim's fall harvest was very successful and plentiful after a period of drought. There was corn, fruits, vegetables, along with fish that was packed in salt, and meat that was smoke cured over fires. The Governor proclaimed a day of thanksgiving that was to be shared by all the colonists and the neighboring Native American Indians.

It lasted three days and included 50 surviving pilgrims and approximately 90 Wampanoag Indians, including Chief Massasoit. Their menu differed from modern Thanksgiving dinners and included berries, shellfish, boiled pumpkin, and deer.



## World's Largest Turkey

**The largest turkey ready to put in the oven weighed 86 pounds according to Guinness Book of World Records. That is a very big bird.**

Male turkeys are “Toms” females are “Hens” & babies are “Poults”. Male turkeys are the only ones that “gobble”.

Benjamin Franklin wanted the turkey to be the national bird of the United States. But it was Thomas Jefferson who opposed him. It is believed that Franklin then named the male turkey as 'tom' to spite Jefferson.

**The US eats 575 Million pounds of turkey for Thanksgiving.**

1. Why did they let the turkey join the band?
2. Why did the turkey cross the road?
3. Why did the police arrest the turkey?
4. What always comes at the end of Thanksgiving?
5. What are unhappy cranberries called?
6. Why did the Pilgrims eat turkey on Thanksgiving?
7. What did Miles Standish say after the first Thanksgiving meal?
8. What do you get when you cross a turkey with an octopus?
9. What sound does a turkey's phone make?

1. Because he had the drumsticks
2. It was the chicken's day off
3. They suspected it of fowl play
4. The letter G.
5. Blueberries
6. The moose wouldn't fit in the oven.
- 7 BURP!
8. Enough drumsticks for Thanksgiving
9. Wing Wing!

Knock, knock!  
Who's there?  
Arthur.  
Arthur who?  
Arthur any leftovers?

